

Pitsford Triathlon 2015 – Race Report

The event celebrated its second year with a significant increase in numbers and also managed to stay dry for the duration of the event providing some good conditions for racing – mercifully cooler than it had been in the week leading up to the race.



Swim conditions were nearly ideal, with a water temperature of 18 degrees and a gusty little wind putting a little ruffle on the water. As last year Jordon Simmonds claimed the fastest swim split with 18:19 on a very accurately measured course with James Beechey (19:32) and Ian Smith (19:43) making up the trio who dipped 20 minutes.

First lady out of the water was Martine Crofts from WDAC Tri with a time of 24:36 followed by Linsay Romecin at 25:26 and Martine's club mate Amy Vaughn third in 25:56.

As with all of the legs in this triathlon the bike course is a single loop of 39.6k; exiting Brixworth Country park and the heading to Pitsford village after which the route heads towards Moulton, turns left to Holcote and then through Waldgrave. After a brief section on the A43 it is back onto country lanes to Foxhall, onto Kelmarsh and then the A508, via the hill at Lamport, to Brixworth and the sailing club for T2.



Given a bit of a headwind on the second half of the course Ian Smith and James Beechey managed identical and fast 63:13 splits, which were also the fastest of the day, and as they exited T2 they were placed 1st and 2nd. Jordon faded a bit on the bike but put in the fastest run split of the day to finish 4th.



Matthew Glen from Rugby Tri put in a solid 69:48 on the bike and the second fastest run split to finish third behind James who could not match Ian's run speed, who went onto to win in a time of 2:03:45.

In the ladies race Linsay Romecin (far right) cycled her way into the lead and with a confident run went on to win with 4 minutes to spare. It was closer for the other two podium slots with Sara Ashcroft of Northants Tri closing to within a minute of Katie Beckett by the time they got to T2. However Katie recorded the fastest female run split of the day not only consolidating her second but opening a gap for the rest of the field in the process.



There was a good turnout in the relay event with 9 teams taking part. Victory went to team Mark Hazel who did the run, Tom Greeves who cycled and Steve Wood who got them on their way with the swim.

A new perpetual trophy was introduced this year for the first club team made up of 5 athletes, one of which had to be female. The trophy deservedly went to The Rugby Tri Club, who were also using the event as their Standard distance Club Championships.

In the vets the men's prizes went to V40 Philip Jenkins; V50 Keith Edwards; V60 Tony Johnson

In the ladies V40 went to Nichola Holden and the V50 to Kate Vanloo

Top Three Men		
Position	Name	Time
1	Ian Smith	2:03:45
2	James Beechey	2:06:36
3	Mathew Glenn	2:10:19

Top Three Woman		
Position	Name	Time
1	Linsay Romecin	2:37:18
2	Katie Beckett	2:41:02
3	Sarah Ashcroft	2:44:36

NEXT UP.....

Triathlon England Bedford Team Relays including Eastern Region Championships: Sunday 9th August

RACE INFO

- 08:00am First Swim Start
- Brilliant Club Team Event with a great atmosphere
- 3 person Team who all complete all 3 disciplines
- Swim 3 x 750m - Bike 3 x 20k - Run 3 x 5k
- Contact Steve Adams direct re entry at steve@gobeyondchallenge.co.uk