

Coombe Abbey Running Festival
10k, Half and Full Marathon Race Report
Coombe Abbey, 28th June, 2015

It was a wet and windy start to the day for Coombe Abbey Running Festival this year. Despite this over 230 hardy runners took to the start line across the three distances. Thankfully the rain eased off, the sun came out and we had some great performances.

There were three standout performances on Sunday and the first of these marks a milestone for Go Beyond Sport's events. This was the first time in our history that a lady finished in overall first position. After a close battle with Alan Barns (1st male 1:29:01) for the whole race Rosanna Andrews of Northampton Road Runners took the win in the Half Marathon with a time of 1:28:02. Rounding off a great day for the Andrews family, Penny Andrews (Rosanna's Mum) took 3rd lady overall and first Lady Vet50 in the Marathon. Great running ladies!



Rosanna Andrews (right), Celine Gurney (left)

Half Marathon Results

| Pos. | Female | Male |
|-----------------|----------------------------|------------------------------|
| 1 st | Rosanna Andrews 1:28:02 | Alan Barns 1:29:01 |
| 2 nd | Celine Guery 1:51:31 | Mark Blaszczyszyn 1:35:58 |
| 3 rd | Jude Mansfield 1:53:06 | Paul Ashby 1:36:10 |



Simon Gurney 3rd, Steve Edwards 1st, Martin Crane 2nd

In the Marathon there were two more excellent performances. Over the final 3 laps Steve Edwards battled his way up from 3rd position to take the win in 3:18:42. Hot on Steve's heels was our 1st lady and 2nd place overall Julie Warner with a time of 3:20:31. Steve commented at the end of the race "... I didn't think I was going to catch her!".



Beth Taylor-Jones 2nd, Julie Warner 1st, Penny Andrews 3rd



Marathon Results

| Pos. | Female | Male |
|-----------------|------------------------------|--------------------------|
| 1 st | Julie Warner 3:20:31 | Steve Edwards 3:18:31 |
| 2 nd | Beth Taylor-Jones 3:48:44 | Martin Crane 3:26:57 |
| 3 rd | Penny Andrews 3:52:25 | Simon Gurney 3:27:17 |

This year's 10km runners got the short straw as the weather conditions didn't improve much until after most of them had finished. In the men's race Ian Mansell held the lead from start to finish and posted a winning

time of 36:44. Following Ian home were Rory McPheators in 37:49 for 2nd place and Chris Horton in 39:32 for 3rd spot. There was a similar race for the ladies with Sian Powel dominating throughout and winning in 44:18. 2nd place went to Gail Audhali in 51:04 and Jo Cunningham rounded off the top 3 in 52:26.

Despite the unseasonal rain and wind everyone ran in great spirits and many runners commented on how friendly the event was. As always the marshals around the course were fantastic and were at the top of the list of praise given by the event participants. We would like to thank our nutrition partner [Gu](#), our photographer [Adrian Howes](#), and our partner charities the [Air Ambulance Service](#) and [Teach Africa](#).



Up Next...

[Pitsford Triathlon - 12th July 2015](#)

[Northampton Half Marathon - 6th September 2016](#)

[Round Ripon Ultra 35 - 3rd October 2015](#)